



**In order to reduce the risk of the spread of COVID-19 in the workplace, Limerick City College (LCC) Students should follow all Public Health advice and guidance issued by the HSE and Gov.ie, as well as any specific direction from LCC.**

Good hygiene practices must be adopted, such as frequent hand washing, respiratory etiquette, and physical distancing, to protect themselves and their colleagues against infection and should seek professional healthcare advice if feeling unwell.

Students are advised to keep up to date with the latest measures introduced by the Government and any advice issued as a result.

Students are required to attend the LCC induction briefing provided by the class tutor and to confirm attendance by completing the standard course form.

Students should consider the following questions prior to accepting a place on a training programme.

- Do you have symptoms of cough, fever, high temperature, sore throat, runny nose, breathlessness, or flu like symptoms now or in the past 14 days?
- Have you been diagnosed with confirmed or suspected COVID-19 infection in the last 14 days?
- Have you been advised by the HSE that you are you a close contact of a person who is a confirmed or suspected case of COVID-19 in the past 14 days?
- Have you been advised by a doctor to self-isolate at this time?
- Have you been advised by a doctor to cocoon at this time?
- Have you been advised by your doctor that you are in the very high-risk?
- group?

If yes, please liaise with your Teacher/Tutor/Contractor, prior to returning to class.

**Social distance should always be maintained and in all areas, when attending Limerick City College.**

## Control Measures:

### Masks

Masks are to be worn at all times whilst in the building including classrooms. In addition students moving throughout the building, outside of classrooms or practical rooms, face masks are required to be worn. This includes time spent moving between rooms on corridors and coming and going from the building.

### Hand / respiratory hygiene



Students are advised to wash their hands or use hand sanitiser

- before and after eating and preparing food
- after coughing or sneezing
- after using the toilet
- where hands are dirty
- before and after wearing gloves
- before and after being on public transport
- before leaving home
- when arriving/leaving the facilities /other sites
- after each class
- after touching potentially contaminated surfaces
- if in contact with someone displaying any COVID-19 symptoms

Students need to be aware of the importance of good respiratory measures to limit the spread of the virus which include

- avoid touching the face, eyes, nose, and mouth
- cover coughs and sneezes with an elbow or a tissue
- dispose of tissues in a covered bin

## Physical Distancing:



All available facilities will be used to maximise physical distancing in the LCC Building

Students to follow the direction arrows in the building and to comply with the arranged layout of the corridors, canteen, classrooms and toilets.

Students to maintain the physical distance when signing in and out upon arrival and departure daily.

Classrooms have been arranged to comply with the requirement of 1-2 metres between Students' desks.

Students are required to clean down their desks, computers, and any shared tools/equipment before and after every use.

Students are not permitted to congregate in the toilets or inside and outside of the building.

Students are to adhere to their assigned class group on breaks and are not permitted to move furniture when in class at the assigned break times to minimise the risk of infection from COVID-19.

Students are required to comply with the social distance requirements at all times.

Students are advised not to shake hands and to avoid any physical contact.